

HAVERING ASSOCIATION FOR PEOPLE WITH DISABILITIES
Whittaker Hall, 1a Woodhall Crescent, Hornchurch, Essex, RM11 3NN
Phone: 01708 476554 Textphone: 01708 438585
admin@hadhaving.co.uk Website: www.hadhaving.co.uk



All of April

Bring a Buddy Month!

Wednesday 1st April – Thursday 30th April 2020

**Bring a friend in the month of
April & you both attend for
FREE!**

During these dates, H.A.D's regulars will be encouraged to bring a friend along to try out our wide range of activities, and it will be free for both of you!

Activities available:- Wednesday Work, Friendly Friday's, Mind, Body and Soul, Art, Camera Club, Computers.

Unfortunately, 'Propelling your Health Journey' will not be included, as this group is a small pre-booked activity.

Let's make H.A.D bigger and better in 2020 😊